

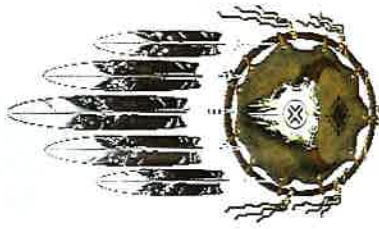
The main purpose of tūüÇai Wellness Court is to help the participant to:

- *Learn to be alcohol / drug free*
- *Learn to stay alcohol / drug free*
- *Improve family / friend relationships*
- *Stop criminal activity that hurts the person, the community, learning new ways of being*
- *Develop time management skills*
- *Work towards achieving your dreams*



For more information contact:
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P.O. Box 737
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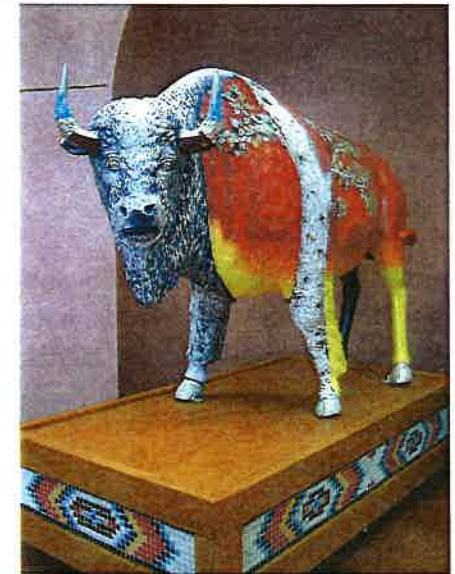
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Southern Ute Tribal Court
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SOUTHERN UTE INDIAN
TRIBE

tūüÇai (Wellness) Court for Adults



Mission Statement

The mission of tūüÇai Wellness Court is to improve the quality of life for participants by providing multi-agency, community-based services and specialized treatment that is designed to address and mutually benefit the needs of the participants.

Southern Ute Adult tūūÇai Court...



...is a specialized program for people with repeat criminal offenses. The program is voluntary and requires a commitment to work with the Wellness Court Team, and remain drug and alcohol free.

Eligibility

- Repeat alcohol, drug, or other criminal offenses
- Not following court orders or violation of probation requirement
- Continued use of alcohol or drugs while on probation

Goal:

To help participants walk a good path with the support of family and friends, help solve problems, and to discover their talents



A Different Way

In tūūÇai Court, the participant works closely with the tūūÇai Court Core Team to support the individual Wellness Plan and make recommendations for participants success. Team members may include:

- Judge/Prosecutor/Public Defender
- tūūÇai Case Manager
- Southern Ute Police Department
- Substance Abuse Counselor
- Elder/Community Representative
- Wellness Coach

How It Works

If a participant is accepted into tūūÇai Wellness Court a jail sentence is ordered. The participant will not serve the time if they comply with the program conditions. The participant understands that any violation of the case plan will result in an immediate consequence.



The case plan is the result of a collaborative effort to bring the participant's life back into harmony with himself/herself, family, Tribe, and community. The participant is expected to meaningfully and actively participate.

Immediate consequences are a foundation of tūūÇai Wellness Court: rewards are given for compliance or progress, and sanctions are immediately imposed for violations. Consequences are always focused upon assisting the participant to return to their wellness plan.

Sanctions may include:

- Detention
- Community Service
- Increase testing/counseling
- Phase advancement not allowed

Rewards may include:

- Gift cards
- Additional "fish bowl" prize
- Forgiveness of fines and costs owed



Four Phases

The tūūÇai Wellness Court program usually lasts for about one year and consists of four separate phases. Each phase has specific requirements:

Phase One

- Court reviews weekly
- Random Breath and Urine Testing
- Contact with tūūÇai Case Manager
- Employment
- Develop a Spiritual-Cultural plan
- Obtain evaluations, begin treatment/counseling
- Obtain a fitness assessment at SunUte
- Maintain sobriety for 4 weeks

Phase Two

- Court reviews every two weeks
- Random Breath and Urine Testing
- Contact with tūūÇai Case Manager
- Employment
- Begin the Spiritual-Cultural Plan
- Continue with treatment/counseling
- Begin Fitness Plan (12 half hour workouts)
- Moral Recognition Therapy (MRT) Begins
- Maintain sobriety for 45 days

Phase Three

- Court reviews every three weeks
- Random Breath and Urine Testing
- Contact with tūūÇai Case Manager
- Employment
- Continue with Spiritual-Cultural plan.
- Treatment/counseling as recommended
- Continue Fitness Plan (24 half hour workouts)
- Maintain sobriety for 90 days

Phase Four

- Court reviews every four to six weeks
- Random Breath and Urine Testing
- Contact with tūūÇai Case Manager
- Employment
- Continue with Spiritual-Cultural Plan
- Treatment/counseling as recommended
- Continue Fitness Plan (32 half hour workouts)
- Maintain sobriety for 120 days