

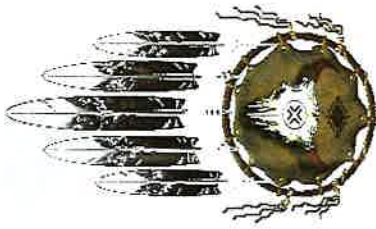
The main purpose of tūūÇai Wellness Court is to help the participant to:

- Learn to be alcohol / drug free
- Learn to stay alcohol / drug free
- Improve family / friend relationships
- Stop criminal activity that hurts the person, the community, learning new ways of being
- Develop time management skills
- Work towards achieving your dreams



For more information contact:  
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Southern Ute Tribal Court  
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## SOUTHERN UTE INDIAN TRIBE

### *tūūÇai* *(Wellness) Court* *Transitional 6 Month* *Track*



#### Mission Statement

The mission of tūūÇai Wellness Court is to improve the quality of life for participants by providing multi-agency, community-based services and specialized treatment that is designed to address and mutually benefit the needs of the participants.

## Southern Ute Adult tūüÇai Court...



...is a specialized program for people with repeat criminal offenses. The program is voluntary and requires a commitment to work with the Wellness Court Team, and remain drug and alcohol free.

### Eligibility

- Repeat alcohol, drug, or other criminal offenses
- Not following court orders or violation of probation requirement
- Continued use of alcohol or drugs while on probation

### Goal:

To help participants walk a good path with the support of family and friends, help solve problems, and to discover their talents



### A Different Way

In tūüÇai Court, the participant works closely with the tūüÇai Court Core Team to support the individual Wellness Plan and make recommendations for participants success.

Team members may include:

- Judge/Prosecutor/Public Defender
- tūüÇai Case Manager
- Southern Ute Police Department
- Substance Abuse Counselor
- Elder/Community Representative

## How It Works

If a participant is accepted into tūüÇai Wellness Court a jail sentence is ordered. The participant will not serve the time if they comply with the program conditions. The participant understands that any violation of the case plan will result in an immediate consequence.



The case plan is the result of a collaborative effort to bring the participant's life back into harmony with himself/herself, family, Tribe, and community. The participant is expected to meaningfully and actively participate.

Immediate consequences are a foundation of tūüÇai Wellness Court: rewards are given for compliance or progress, and sanctions are immediately imposed for violations. Consequences are always focused upon assisting the participant to return to their wellness plan.

### Sanctions may include:

- Detention
- Community Service
- Increased testing/counseling
- Phase advancement not allowed



### Rewards may include:

- Gift cards
- Additional "fish bowl" prize
- Forgiveness of fines and costs owed

### Four Phases

The tūüÇai Wellness Court program usually lasts for 6 months and consists of four separate phases. Each phase has specific requirements:

#### Phase One

- Court reviews weekly
- Random Breath and Urine Testing
- Contact with tūüÇai Case Manager
- Employment or school attendance
- Develop a Spiritual-Cultural plan
- Obtain evaluations, begin treatment/counseling
- Obtain a fitness assessment at SunUte
- Maintain sobriety for 45 days
- Moral Recognition

#### Phase Two

- Court reviews every two weeks
- Random Breath and Urine Testing
- Contact with tūüÇai Case Manager
- Employment or school attendance
- Begin the Spiritual-Cultural Plan
- Continue with treatment/counseling
- Begin Fitness Plan
- Maintain sobriety for 45 days

#### Phase Three

- Court reviews as scheduled
- Random Breath and Urine Testing
- Contact with tūüÇai Case Manager
- Employment or school attendance
- Continue with Spiritual-Cultural plan.
- Treatment/counseling as recommended
- Continue Fitness Plan (24 half hour workouts)
- Maintain sobriety for 45 days

#### Phase Four

- Court reviews as Scheduled
- Random Breath and Urine Testing
- Contact with tūüÇai Case Manager
- Employment or school attendance
- Continue with Spiritual-Cultural Plan
- Treatment/counseling as recommended
- Continue Fitness Plan ( 32 half hour workouts)
- Maintain sobriety for 45 days